NCAPT

NCAPT Board Members



Hello, Play Therapists! Happy Summer! I wanted to share some news as we get this summer started. The Board has exciting

plans for you and hopes to make this coming year a great one! As you might know our official beginning to the year is July 1st. This year we are meeting in July in Charlotte for our annual "Summer Retreat". During this retreat we discuss our plans for the year. For example: --Board responsibilities, fall and spring conferences, finances, social media and many other aspect of running a nonprofit.

Fall Conference 2016!

What: The Power of "Pause" Button: Understanding Conscious Discipline Who: Kim Hughes When: Saturday, October 29, 2016

Where: Huntersville, NC Hosted by Southlake Counseling

Be on the look out for registration info coming soon!



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NCAPT Welcomes 2 new board members!

Julie and Jenn officially start on the NCAPT July 1, 2016. We are excited to have them join us! The Board wishes to extend a special THANK YOU to Kim Williams and Greta Zuck for all of their

dedication to the NCAPT Board the past 6 years.

Julie Callahan, MA, LPC, RPT

Julie currently works as a school counselor at Countryside Montessori

School in Charlotte. Jenn Lowe, MA, LPCA





Summer Trainings

Here are a few summer trainings in NC that are coming up for play therapists! Please "like" our Facebook page to receive updates!

Play Therapy at the Beach Aug 5th Presented by Karen Wheeler <u>https://www.eventbrite.com/e/play-therapy-at-the-beach-2016-tickets-20899675492?aff=affiliate1</u>

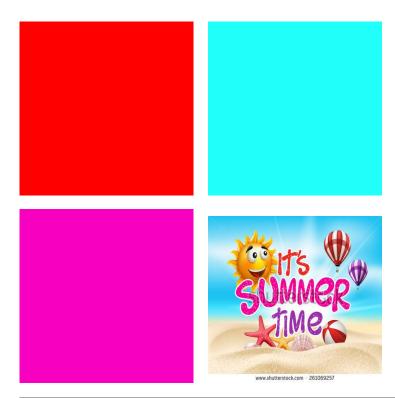
NCSCA Summer academies <u>http://www.ncschoolcounselor.org/event-2243805</u> (our own Julie Callahan will be presting at the Eastern Academy)

Multicultural Play Therapy Conference, UNC Charlotte http://oeo.uncc.edu/playtherapy



Upcoming Regional Meetup's

Raleigh, NC Molly Chaffee and Melissa Dobbins-Hosts Thursday, July 14, 2016 7:00 pm To RSVP or for questions, please contact Molly at: <u>mchaffeelpc@gmail.com</u>



How to stay healthy this summer!

- 1. Give your diet a "berry" boost!
- 2. Get Dirty Plant a garden!
- 3. Floss Daily!
- 4. Exercise Outside!
- 5. Wear sunglasses!
- 6. Take a vacation!
- 7. Lite on the alcohol!
- 8. Sleep well!

Check out Webmd "8 summer steps to healthy living" for more information!

Exciting information for YOU!

Instagram





Don't forget to like us on Facebook and Instagram! Send us your pictures from your trainings! We would love to post them on Facebook! You can send them to Kate Sutton! <u>suttonk8@gmail.com</u>

> Please let us know if you have anything you want to share or add to our communications. We will be happy to post on Facebook and in our newsletter. Send information to Kate Sutton, suttonk8@gmail.com

October 2016 the APT conference will be in *Louisville, Kentucky at the Galt House Hotel.* October 4-9, 2016. If you

plan on attending, let us know! Anastasiaj37@gmail.com

