

## Happy New Year NCAPT!

It is hard to believe we are almost finished with January!

Each month goes by so quickly. I hope each of you have enjoyed the beginning of 2016! The NCAPT Board wishes you a playful year ahead!



### Board Elections 2016

NCAPT By-laws limit board member terms to three years. As such, we have three

Board positions that are up for renewal/election and are soliciting nominations. Current Board Members who wish to remain on the Board must be re-elected and are also eligible to also submit a nomination. According to our Bylaws, Board Members must be Professional members of APT and NC Branch Members.

Please complete the attached Nomination Form and submit to Theresa Kascsak/Past-President – Nominations Committee at [tkascsakphd@icloud.com](mailto:tkascsakphd@icloud.com) NLT 10 February 2016. Elections will be held in late February just in time for our Spring Conference.

### Spring Conference 2016!

Who: Dr. Rick Gaskill, EdD

When: March 4 & 5, 2016

Where: Blockade Runner at Wrightsville Beach, NC 910-256-2251

Don't forget to make your reservations prior to February 4<sup>th</sup> for the group rate! The rate is \$100 for Thursday night and \$120 for Friday

Dr. Gaskill will present on play therapy and the neurobiological impact of social and emotional trauma. Join us at the Beach!!

Dr. Gaskill has worked in community mental health for over 40 years. He is currently the Executive Director of Sumner Mental Health Center in Wellington, KS. He also served as Children's Director and Clinical Director before becoming the CEO. Dr. Gaskill is a Licensed Clinical Psychotherapist, Licensed Clinical Professional Counselor, Registered Play Therapist-Supervisor, and an Infant Mental Health Clinical Mentor. He was a founding member and past president of the Kansas Association for Play Therapy and currently serves on the Board of Directors for the national Association for Play Therapy.

Check online at [NCAPT.org](http://NCAPT.org) for all registration information!

### Board Members

Anastasia Arauz, President,  
Jacksonville

[Anastasiaj37@gmail.com](mailto:Anastasiaj37@gmail.com)

Kim Williams- Vice  
President, Raleigh Area

[kimewilliamslicsw@gmail.com](mailto:kimewilliamslicsw@gmail.com)

Theresa Kascsak-Past  
President, Charlotte area

[drkplay@gmail.com](mailto:drkplay@gmail.com)

Greta Zuck-Treasurer,  
Raleigh Area

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Shawn Morton-Secretary,  
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Ana Liza Cisneros-Howard,  
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Melissa Dobbins, Raleigh  
Area

[dobbins88@hotmail.com](mailto:dobbins88@hotmail.com)





## NCAPT 1<sup>st</sup> Annual Book Exchange at the NCAPT Spring Conference

Bring a book, get a book! Do you have multiple copies of a book? Have you read a book cover to cover, and it has been sitting on your shelf ever since? If so, please bring your books to the NCAPT's 1<sup>st</sup> Annual Book Exchange. The books should be current (years 2000 - 2015) or play therapy classics. Books can be related to any topic that a child therapist would find helpful. They can be children's books as well. If you have any questions, contact: Kim Williams at [kimewilliams@lscsw.com](mailto:kimewilliams@lscsw.com)

## Community Outreach!

We need your help reaching two of our Gold Branch Criteria –

- Increase its number of Professional members by 2% - WE NEED 14?!! PLEASE RECRUIT A FRIEND/COLLEAGUE OR JOIN. PLEASE CONTACT MELISSA IF YOU WANT TO LEARN MORE ABOUT THE BENEFITS OF MEMBERSHIP [dobbins88@hotmail.com](mailto:dobbins88@hotmail.com)
- Sponsor at least 2 public outreach play therapy promotions – THIS IS WHERE WE NEED YOUR HELP. IF YOU HAVE TALKED ABOUT PLAY THERAPY WITH NON-PROFESSIONALS PLEASE LET ANASTASIA KNOW [anastasiaj37@gmail.com](mailto:anastasiaj37@gmail.com)



## Upcoming Regional Meetup's

### Raleigh, NC

Molly Chaffee and Melissa Dobbins-Hosts

Thursday, February 4th at 7pm

West Regional Library, 4000 Louis Stephens Drive, Cary, NC 27519

To RSVP or for questions, please contact Molly at: [mchaffeelpc@gmail.com](mailto:mchaffeelpc@gmail.com)

### Hillsborough, NC

Karen Struble-Host

Friday, March 11th at 1 p.m.

6300 Acorn Ridge Trail

828-337-5648; email, [drkarenstruble@gmail.com](mailto:drkarenstruble@gmail.com)

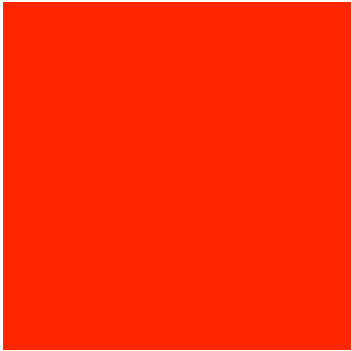
### Charlotte, NC

Ana Liza Cisneros-Howard, [704.248.6634](tel:704.248.6634)

[playtherapywithana@gmail.com](mailto:playtherapywithana@gmail.com)

Wednesday, February 17 11:30 am

Location-TBD, around Southpark vicinity



**Board Favorite Restaurants,  
Wilmington/Wrightsville Beach**

Sweet and Savory Café Lunch

Causeway Café –Breakfast

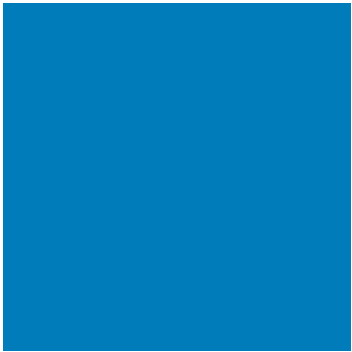
Chops Deli-Lunch

Oceanic- Any meal! (Great view.)

Roko Italian Cuisine-dinner

Also Check out this website it lists the best in  
Wrightsville and Mayfair!

<http://aroundwilmington.com/910/directory/category/restaurants/location/mayfaire-landfall/>



## Exciting information for YOU!

### **SB-RPT Credential School Based RPT**

Learn all about it on the APT  
Website!

### **National Play Therapy Week February 7-13!**

How will you recognize National Play Therapy Week? How will you share it with others? Send pictures and captions to Kate Sutton at [suttonk8@gmail.com](mailto:suttonk8@gmail.com), and we will add them to our NCAPT Facebook or Instagram!

Instagram



### **APT Website! Cool Things to Check out!**

Check out the APT Youtube channel! There are some really great videos. The “history speaks” videos are interesting because each video has an influential play therapy speaker, such as Garry Landreth, Louise Guerney, Phyllis Booth and many more!

### **Joceyln Bradburn Scholarship!**

We will announce a  
winner soon!

Next October the APT conference will be in **Louisville, Kentucky at the Galt House Hotel. October 4-9, 2016.** If you plan on attending, let us know!