



Hello Play Therapists!
Welcome to Fall! Fall is
such a fun busy time of

year...the beginning of school, football, great weather, and of course the upcoming NCAPT fall conference. The board has been very busy working on making it a great event for each of you. If you haven't registered yet make sure you do it by September 10th! After 9/10/16 the early bird registration ends. We are glad you are part of NCAPT. As always if you have any questions feel free to contact any of the board members.

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Fall Conference 2016!

**What: The Power of the Pause Button: Understanding
Conscious Discipline® in the Playroom"**

Who: Kim Hughes

When: Saturday, October 29, 2016

Where: Huntersville, NC Hosted by Southlake Counseling

You can purchase tickets by going to our website

www.ncapt.org

Make sure to register by 9/10/16 for the early bird rate!

To learn more about Conscious Discipline, click on the link below.

<https://consciousdiscipline.com/about/conscious-discipline-for-mental-health-specialists.asp>

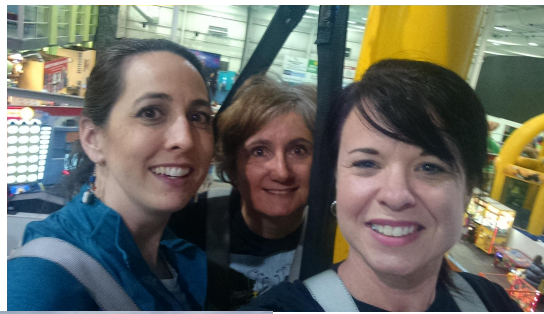


The NCAPT Board was busy “playing” this summer!

Send us your “playful pics” We would love to share them 😊.



Kate playful bike riding!



Julie enjoyed a ropes course with friends!



Anastasia singing in the car with her son!



Molly playing at Lake Gaston



Ana Liza playing with family!



Shawn playing his games.



Jenn at the aquarium with her new little one.

NCAPT Spring Conference

Save the Date

March 10-11, 2017

Junior League of Raleigh

Dr. Kevin O'Connor

2 different trainings on Ecosystemic Play Therapy

FUN FALL RECIPE

Easy 10-minute pumpkin pie oatmeal!

Ingredients

- 1 cup old-fashioned rolled oats
- 1 3/4 cups almond milk
- 1/4 cup pumpkin puree
- 1/2 teaspoon vanilla extract
- 1/2 teaspoon ground cinnamon
- 1/4 teaspoon ground nutmeg
- 1/2 cup chopped pecans
- 1/4 cup maple syrup

Directions:

- Combine oats and milk in a small saucepan over medium heat.
- Bring to a boil; reduce heat and simmer, stirring occasionally, until desired consistency is reached, about 3-5 minutes. Stir in pumpkin puree, cinnamon and nutmeg until heated through, about 1 minute.



Serve immediately, garnished with pecans and maple syrup, if desired.



Upcoming Regional Meetup's

Jacksonville, NC

Anastasia Arauz & Shawn Morton

Monday, September 19th

To RSVP or for questions, please contact Anastasia @ anastasiaj37@gmail.com

Exciting information for YOU!

Instagram



Don't forget to like us on Facebook and Instagram!

Send us your pictures! We would love to post them on Facebook! You can send them to Kate Sutton!
suttonk8@gmail.com

Please let us know if you have anything you want to share or add to our communications. We will be happy to post on Facebook and in our newsletter. Send information to Kate Sutton, suttonk8@gmail.com

October 2016 the APT conference will be in **Louisville, Kentucky at the Galt House Hotel. October 4-9, 2016.**

If you plan on attending, let us know!

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