

Elements of Play Therapy



North Carolina Association
for Play Therapy

5th Annual Fall Conference

November 2, 2007

Crabtree Embassy Suites Hotel
Raleigh, NC 27612
919-881-0000

MORNING SESSIONS

8:30 am—11:45 am

(Morning Registration 7:30—8:30 am)



In Search of Father: Healing the Masculine through Sandplay Therapy

Vincent Pastore, PhD, ISST

This presentation will utilize mythology, case material, and the most recent information regarding the development of the male psyche to demonstrate how social, cultural, and biological factors, in the absence of a ritualized initiation experience for our male youth, have created depression, aggression, and a sense of estrangement from the Self in boys and men. The role of sandplay in understanding, addressing, containing and healing this wound will be examined.

Child-Centered Play Therapy for Beginners

Phyllis Post, PhD, NCC, LPC

This hands-on presentation will focus on a child-centered view of children, understanding play, and beginning skills of play therapy. The format of the presentation will include presentation, discussion, experiential activities, and a videotape of an actual play therapy session.

Developmental Play Methods: Babies, Baths and Bottles

Karen Wheeler, LCSW, RPT-S

This presenter will share her theory and rationale for the developmental “repair” process. Attendees will learn the use of baby bottles, infant feeding, water traySM and other developmental play activities for healing early childhood trauma and attachment breaches.

AFTERNOON SESSIONS

1:15 pm—4:30 pm

(Lunch on your own 12:00 pm—1:15 pm)



A Clinician's Guide to Using Art in the Play Therapy Room

Elaine Whittman, MAEd, LPC, RPT-S

Art is a natural medium for children and essential to the quality of life. In the play therapy room, art can make the unconscious conscious and express what is not yet said. The focus of this workshop is on both theoretical and technical aspects of using visual arts with children, adults, families, and groups in play therapy. Participants will explore techniques and methods to tap client's ability to heal and grow through his/her own creativity.

All Fired Up: Using the Element of Fire, the “Burning Bowl” and other Heated Symbols in Play Therapy and Sandplay

Rosalind L. Heiko, PhD, ISST, CST-T

This workshop explores the safe and appropriate use of the element of fire in play therapy. The practical use of the “burning bowl” will be demonstrated. Participants will investigate the characteristics of fire through guided imagery, poetry, creating symbols with art materials, and presentations of fire images created by clients and discussion.

Ethical Decision-Making and its Applications in Play Therapy

Phyllis Post, PhD, NCC, LPC

Play therapists face issues every day that demand attention to understanding of ethical codes. Using an ethical decision making model and codes of ethics, this presentation will address these issues through both presentation and discussion. Come prepared to both listen and share some of the ethical dilemmas you've addressed in your work.

OVERVIEW

This conference will provide a wide array of theoretical approaches, professional practices, creative techniques and experiences of using play therapy for healing and wellbeing. The Elements of Play Therapy represented include Fire, Water, and Sand, along with the essential components of childhood development, professional ethics, and evidence-based practices.

Learning Objectives

- To be able to practice basic skills and identify attitudes specific to child-centered play therapy
- To learn about the process of integrating visual arts into play therapy from a variety of theoretical frameworks, and with a variety of clients
- To understand the theoretical approach and specific play therapy techniques for developmental "repair"
- To examine critical issues related to ethical decision making in play therapy
- To learn about the use of sand in play therapy and its application to male clients

Target Audience

This conference is designed for licensed counselors, social workers, psychologists, marriage and family therapists, and other licensed practitioners and graduate students who practice or wish to learn more about play therapy techniques and theory.

Continuing Education

Certificate provided at no extra cost. Up to 6 CE's are available (1 CE for each contact hour). APT approved provider 03-125 and NBCC approved provider 6137 CE's will be issued to each attendee. ISST/STA CE's are available for those pursuing certification in Sandplay Therapy. Participants with other credentials should confirm approval from their state professional organizations. NCAPT maintains responsibility for the program.

ACCOMODATIONS

Hotel reservations must be made on your own.

A limited number of rooms at the Crabtree Embassy Suites have been reserved at the rate of \$119+tax, per night.

In order to receive this special rate, make reservations before 10/15/07.

Phone: 919-881-0000

4700 Creedmoor Road, Raleigh, NC 27612

Conference Registration

Name (please print) _____

Address _____

City _____ State _____ Zip _____

Phone (W) _____ (H) _____

Email _____

Professional Discipline (please check one):

- Counselor Psychologist
 Social Worker MFT
 Other: _____ Full-time student at _____

Professor's signature: _____

(faculty advisor must verify student status)

Please number your 1st and 2nd choice of workshops:

Morning Sessions

- Healing the Masculine through Sandplay
 Child-Centered Play Therapy
 Developmental Play Methods

Afternoon Sessions

- A Clinician's Guide to Art Therapy
 The Element of Fire in Play Therapy
 Ethical Decision-making

Fees	Half Day	Full Day
APT members	\$60	\$105
Non-members	\$70	\$135
Students	\$35	\$65

Add a \$15 late fee for registrations postmarked **after 10/17/07**. A \$10 administrative fee will be charged for any cancelled registrations.

Make checks payable to NCAPT. Mail payment and this form to:

Heloisa Portela Myers
8416 Parkstone Dr.
Raleigh NC 27613
heloisaportela@gmail.com
(919) 368-5207

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8416 Parkstone Drive
Raleigh, NC
27613

